

# Predicting Effective Adaptation to Breast Cancer to Help Women BOUNCE Back

Mental health and neurocognition in Breast Cancer patients

Fourth Virtual Dissemination Meeting

Organiser: Champalimaud Foundation

On 8th of October 2021, the Champalimaud Foundation will present the 4th virtual dissemination event of the European Project BOUNCE: Predicting Effective Adaptation to Breast Cancer to Help Women BOUNCE Back.

An interdisciplinary consortium of experts from Italy, Finland, Israel, Greece, and Portugal was formed in 2017 in response to a HORIZON 2020 call for Personalised Medicine research and innovation solutions. The product of this collaboration was BOUNCE, a funded project developed to explore factors that influence breast cancer patients' long-term psychological resilience and their capacity to resume a normal everyday life and work, following breast cancer treatments.

A clinical pilot run in 4 medical centres recruited 817 participants between November 2018 and February 2020. For 18 months, biomedical, psychological and functional data was collected every 3 months in this longitudinal pilot, and as of August 2021, 504 patients have completed the study.

With the use of data mining tools and applied machine learning approaches, the project has actively contributed to the identification of factors and processes that may predict the patients' resilience and their wellbeing, along the care pathway. This model will provide information on which combination of factors undermine the adjustment to cancer, allowing for early identification of women at risk and design of appropriate interventions.

The use of electronic patient reported outcomes in this study was beneficial in allowing participants to track their own wellbeing during the COVID-19 pandemic, enabling deeper self-understanding and empowering patients.

The aim of the Bounce 4th dissemination event will be to present some preliminary data achieved form the work so far, as well as to promote awareness of mental health in breast cancer patients, discussing multidisciplinary care path approaches, and the latest biomedical research of depression.





Organiser:



Free registration to the following link >

#### Scientific Workshop Programme

### Friday, October 8, 2021

Language: English

#### 09h30 - 09h40

#### Welcome words & short introduction

Fatima Cardoso & Albino Oliveira-Maia

Champalimaud Foundation, Lisbon

#### 09h40 - 11h15

#### Patient centered care in Breast Cancer

Chairs: Fatima Cardoso & Luzia Travado

Champalimaud Foundation, Lisbon

#### 09h40 - 09h55

#### The mental health perspective

Greta Pettini

European Institute of Milan, University of Milan, Milan

#### 09h55 - 10h10

#### The oncology perspective

Berta Sousa

Champalimaud Foundation, Lisbon

#### 10h10 - 10h25

#### The nurse perspective - The E-smart project

Roma McGuire

University of Strathclyde, Glasgow

#### 10h25 - 10h40

#### The patient perspective

Tanja Spanic

Europa Donna - The European Breast Cancer Coalition

#### 10h40 - 10h55

#### The Bounce project

Paula Poikonen-Saksela

Helsinki University Hospital, Helsinki

#### 10h55 - 11h15

Q&A and panel discussion: speakers + moderators

#### [Coffee break]

#### 11h30 - 12h55

#### Cognitive function in breast cancer patients

Chairs: Raquel Lemos & Paula Poikonen-Saksela

Champalimaud Foundation, Lisbon & Helsinki University Hospital, Helsinki

#### 11h30 - 11h50

#### Neurocognitive deficits in breast cancer patients Kathleen Van Dyk

UCLA Semel Institut & Jonsson Comprehensive Cancer Center, Los Angeles

#### 11h50 - 12h30

#### Main avenues in future neurocognitive research

Sanne Schagen

Cognition Group Lider, Netherlands Cancer Institute, Amsterdam

#### 12h30 - 12h40

#### Champalimaud-Helsinki cognitive study

Berta Sousa

Champalimaud Foundation, Lisbon

#### 12h40 - 12h55

Q&A and panel discussion: speakers + moderators

#### [Lunch break]

#### 14h00 - 15h20

#### Biomarkers of depression in cancer patients

Chairs: Albino Oliveira Maia & Chariklia Tziraki Champalimaud Foundation, Lisbon & Hebrew University, Research Department of MELABEV, Jerusalem

#### 14h00 - 14h20

## Immune markers of depression and their relevance for patients with cancer

Maria Antonieta Nettis

King's College, London

#### 14h20 - 14h40

### Novel circuit-targeted therapeutics for depression

Shan Siddiqi

Brigham & Women's Hospital, Harvard Medical School, Boston

#### 14h40 - 15h00

# The neuroimaging perspective – Assessment of brain volumetric changes in breast cancer patients

Ana Castro Verde

Champalimaud Foundation, Lisbon

#### 15h00 - 15h20

Q&A and panel discussion: speakers + moderators

#### 15h20 - 15h30

Workshop closing remarks



